

**East Stroudsburg School District**  
**2011-2012**

**Breakfast Menu**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
1 Breakfast Pizza or Cereal w/Cheese Stick Fresh Fruit or Juice Choice of ½ pint Milk	2 Scrambled Eggs with roll or Cereal with Oatmeal to Go Bar Fresh Fruit or Juice Choice of ½ pint Milk	3 French Toast Sticks or Cereal w/Teddy Grahams Fresh Fruit or Juice Choice of ½ pint Milk	4 Cereal and Yogurt or Ultimate Breakfast Round Fresh Fruit or Juice Choice of ½ pint Milk	5 Pizza Bagel or Cereal w/Muffin Fresh Fruit or Juice Choice of ½ pint Milk
6 Egg/Cheese Sandwich or Cereal with Oatmeal To Go Bar Fresh Fruit or Juice Choice of ½ pint Milk	7 Pancakes or Cereal w/Muffin Fresh Fruit or Juice Choice of ½ pint Milk	8 Sausage-on-a-stick or Cereal w/Yogurt Fresh Fruit or Juice Choice of ½ pint Milk	9 Waffles or Breakfast Bar Fruit or Juice Choice of ½ pint Milk	10 Breakfast Wrap or Cereal w/ Cheese Stix Fresh Fruit or Juice Choice of ½ pint Milk
11 Cereal and Yogurt, or Ultimate Breakfast Round Fresh Fruit or Juice Choice of ½ pint Milk	12 Scrambled Eggs with roll or Cereal with Oatmeal To Go Bar Fresh Fruit or Juice Choice of ½ pint Milk	13 French toast or Cereal w/Teddy Grahams Fresh Fruit or Juice Choice of ½ pint Milk	14 Cheese Omelet with roll or Cereal w/Yogurt Fresh Fruit or Juice Choice of ½ pint Milk	15 Pizza Bagel or Cereal w/Muffin Fresh Fruit or Juice Choice of ½ pint Milk
16 Egg/Cheese Sandwich or Cereal with Oatmeal To Go Bar Fresh Fruit or Juice Choice of ½ pint Milk	17 Pancakes or Cereal w/Muffin Fresh Fruit or Juice Choice of ½ pint Milk	18 Sausage-on-a-stick or Cereal w/Yogurt Fresh Fruit or Juice Choice of ½ pint Milk	19 Waffles or Breakfast Bar Fresh Fruit or Juice Choice of ½ pint Milk	20 Mini Cinis or Cereal w/ Cheese Stix Fresh Fruit or Juice Choice of ½ pint Milk

**Additional selections offered daily: choice of bagels, peanut butter and jelly sandwich, cereal, pop tarts, and choice of muffins**  
**Choice of milk includes: 1% white milk, chocolate milk, skim milk, lactose free milk**  
**Menu subject to change**