

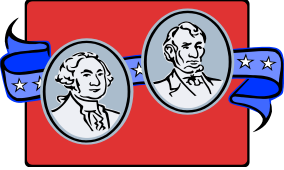



East Stroudsburg Area School District

Lunch Menu February 2012

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Fruit of the Month</p> <p>Oranges</p> 		<p>1- Spaghetti & Meatballs with dinner roll Italian Hoagie Tossed Salad w dressing Green Peas Luigi's Italian Dessert</p>	<p>2- Chicken Tenders with sauce Vegetable Wrap Seasoned Rice Broccoli Chilled Pears <i>Grades 6-8 off</i> <i>Happy Groundhog Day</i></p>	<p>3- 5 inch Round Pizza Sloppy Joes on whole wheat roll Assorted 100% Fruit Juice Vegetable Medley & dip sauce Cinnamon Apple Slices <i>9-12 students only</i></p>
<p>6- Italian Dunkers with meat dipping sauce Toasted Ham and Cheese on Pretzel Bun Vegetable Mix Mixed Fruit Cocktail</p>	<p>7- Meatball Sandwich Chef Salad with Italian bread Carrot Coins Fresh Orange wedges Fresh Baked Cookie</p>	<p>8- Popcorn Chicken Bologna and Cheese Sandwich Potato Wedges Tossed Salad with dressing Broccoli and Cauliflower Mix</p>	<p>9- Cheeseburger on whole wheat roll Egg Burrito Lettuce and Tomatoes Sweet Potato Fries Pineapple Tidbits</p>	<p>10- White French Bread Pizza Beef Stew Seasoned Noodles Assorted 100% Fruit Juice Vegetable Medley with dipping sauce</p>
<p>13- Meatloaf with gravy Hot Dog on roll Tator Tots Seasoned Corn Fresh Apple</p>	<p>14- Hot Turkey Sandwich Bologna and Cheese Sandwich Mashed Potatoes Green Peas Chilled Peaches Valentine's Day Cookie <i>Happy Valentine's Day</i></p>	<p>15- Chicken Parmesan Vegetable Wrap Seasoned Linguine Fresh Carrots and Celery with dipping sauce Green Beans</p>	<p>16- Cheesy Beef Bake Pierogies Marinara Whole Wheat Dinner Roll Broccoli Chilled Mixed Fruit</p>	<p>17- 4 x 6 pizza Fish Sandwich on whole wheat roll Curly Fries Tossed Salad with dressing Assorted 100% Fruit Juice</p>
 <p><i>No School for Students</i></p>	<p>21-Chicken Nuggets/sauce Hot Dog on whole wheat roll Tator Tots Baked Beans Mixed Fruit</p>	<p>22- Beef and Bean Burrito Fish Sandwich Tossed Salad w dressing Green Peas Chilled Pears <i>Ash Wednesday</i></p>	<p>23- Chicken Fajita Roast Beef Deli on wheat roll Seasoned Rice Carrot Coins Cinnamon Apple Slices</p>	<p>24-French Bread Pizza Tuna Salad Sandwich Seasoned Noodles Tossed Salad with dressing Assorted 100% Fruit Juice</p>
<p>27- Cheese Sticks with sauce Taco Salad Vegetable Mix Cinnamon Apple Sauce Vanilla or Chocolate Pudding</p>	<p>28- Toasted Cheese Sandwich Deli Sandwich Tomato Soup Tator Tots Fresh Orange Wedges</p>	<p>29-Chicken Patty on whole wheat roll Italian Hoagie Baby Cake Potatoes Tossed Salad w dressing Mixed Fruit <i>Leap Year</i></p>	<p>Word of the Month</p> <p>Resiliency</p>	

Available Every Day: Peanut Butter & Jelly Sandwich; Selected Pizza; Yogurt & Selected Bread; Fresh Vegetables; Tossed Salad; 3 Bean Salad; Fresh Fruits; 100% Fruit Juice; Choice of ½ pint milk

Suggestions/Comments: Please contact Food Services: paul-schmid@esasd.net; 570-424-8500 Ext 1420

Menu subject to Change - Check out the web page: www.esasd.net/cafe
Now on line: Information about the Birthday Baskets

Pay for your meals in advance through www.cafeprepay.com
Thank you for your support of the cafeteria