

East Stroudsburg School District

January 2008

Monday	Tuesday	Wednesday	Thursday	Friday
	-1- SCHOOL CLOSED WINTER RECESS	-2- SCHOOL CLOSED WINTER RECESS	-3- Chicken Strips w/ sauce Or Tuna Salad Sandwich Noodles Broccoli Fresh Fruit	-4- Beef-a-roni w/roll or Turkey Sandwich Tossed Salad w/dressings Italian Mix Vegetables Monster Cookie
-7- Chicken Fajitas or Roast Beef Sandwich. Rice Mix Vegetables Fresh Fruit	-8- Ham & Cheese on Pretzel Bun or Salami & Cheese Sand. Macaroni & Cheese Carrot Coins Jello Cup	-9- Frankfurter w/roll or Deli Sandwich Pierogies Baked Beans Chilled Fruit	-10- Italian Dunkers w/ Sauce and Bread Stix or Chicken Salad on Roll Seasoned Potatoes Tossed Salad w/dressings Fresh Fruit	-11- Grilled Cheese or Turkey Sandwich Tomato Soup w/saltines Chips Orange Slices Creme Cupcake
-14- Meatball Sand. or Roast Beef Sandwich Tater Tots Peas and Carrots Chilled Fruit	-15- Stuff Crust Pizza or Ham & Cheese Sandwich Vegetable Soup w/saltines Vegetable & Dip Cookie	-16- Chicken Patty w/roll or Turkey Deli on wheat roll Hash Brown Potato Tossed Salad w/dressing Apple Crescents	-17- Meat Taco w/cheese or Egg Salad Sandwich Lettuce & Tomato Rice Fresh Fruit	-18- Ham, Egg, & Cheese Bagel or Fish Sandwich Asst. Juices Chilled Pineapple
-21- SCHOOL CLOSED	-22- Sloppy Joe w/bun or Turkey Roll-up Sandwich Quick Baked Potato Cauliflower Cake w/icing	-23- Chicken Fried Rice or Shaker Salad Vegetable Egg Roll Oriental Vegetables Fortune Cookie	-24- Burrito w/salsa or Ham Sandwich Potato Smiles Nacho Chips w/salsa Frozen Fruit Sherbet	-25- NO SCHOOL STAFF DEVELOPMENT DAY
-28-Cheeseburger/roll or Turkey Bologna Sand. Oven Fries Chilled Pears Fruit Oatmeal Bar	-29- Chicken Nuggets or Turkey Bologna Sandwich Whipped Potatoes Green Beans Fresh Fruit	-30- Spaghetti/meatballs or Turkey Sandwich Tossed Salad w/dressings Italian Vegetables Fruit Roll up	-31- Pizza or Vegetable Wrap Vegetable Beef Noodle Soup w/saltines Three Bean Salad Frozen Fruit Snack	Offered Daily: Pizza, Peanut butter & Jelly, Fresh Fruits, Fresh Vegetables, and Milk