

# East Stroudsburg School District

## October 2007

Monday	Tuesday	Wednesday	Thursday	Friday
-1- Chicken Fries or Deli Sandwich Noodles Green Beans Fruit Sherbet	-2- Frankfurter w/roll or Turkey Sandwich Pierogies Baked Beans Chilled Fruit	-3- Beef Stew w/noodles Ravioli (Elem.& INT) or Ham & Cheese Sandwich Tossed Salad w/dressings Roll Fresh Fruit	-4- Cheeseburger w/roll or Turkey Bologna Sandwich Oven Fries Vegetable Blend Cookie	-5- Round Pizza or Egg Salad on Wheat Roll Vegetable Soup w/saltines Chilled Fruit Jello Cup
-8- ---Presenting--- National School Lunch Week “VOTE FOR SCHOOL LUNCH  No School for Students	-9- Pippa’sPollsterPlatter Baked Potato or Trk. Bologna Sandwich Chili Con Carne Steamed Broccoli Whole Wheat Roll Tropical Fruit Salad	-10- Jesse’sDC’licious Turkey & Cheese Wrap or Grilled Trk Ham/Cheese Rice Vegetable Casserole Red Delicious Apple Sweet Yogurt Dip	-11 –Biff’sFilibusterBurger Hamburger on wheat bun or Turkey Salad Sandwich Tomato & Lettuce Red Potatoes w/herbs Peach Cobbler	-12-Patty’sMac&Cheese Mac ‘n’ Cheese or Fish Sub Tomato Soup Oyster Crackers Tossed Salad Green Seedless Grapes
-15- Chicken Nuggets or Turkey Roll-up Sandwich Rice Apple Crescents Chilled Fruit	-16- Meatball Sandwich or Nacho Supreme Salad Tossed Salad w/dressings Tater Tots Fresh Fruit	-17- Burrito w/sauce or Chicken Caesar Salad Corn Chips w/salsa Mexicali Corn Chilled Pineapple	-18- Cheese Steak Sand. or Chef Salad/bread stix/dress. Hash Brown Potato Cauliflower Fruit Roll-up	-19- French Bread Pizza or Tuna Salad Croissant Chilled Juice Tossed Salad w/dressing Chilled Fruit
-22- Chicken Fried Rice or Shaker Salad w/dressings Vegetable Egg Roll Oriental Vegetables Chilled Pineapple	-23- Trk. Ham & Cheese on Pretzel Bun or Turkey Bologna Sand Hash Brown Potato Cole Slaw Chilled Fruit	-24- PA Apple Crunch Day Stuffed Crust Cheese Stix w/sauce or Sloppy Joe Sandwich Green Beans Apple Cider Baked Apples w/cinnamon	-25-Top Your Own Burger w/cheese,tomato,lettuce,roll or Rst. Beef Sandwich Fries Peas Cupcake	-26-Chicken Strips w/sauce or Turkey Ham Sandwich Potato Smiles Carrot Coins Chilled Fruit No School Intermediates
-29- Beef Taco w/cheese or Trk. Ham & Cheese Sand. Tomato & Lettuce Hot Pretzel Fresh Fruit	-30- Hot Turkey Sandwich Or Rst. Beef Wrap Whipped Potatoes Corn Pudding Cup	-31- Chicken Parmesan/roll Or Shaker Salad Chilled Juice Chilled Applesauce Spice Cake	All menus subject to change	Offered Daily: Pizza, Peanut butter & Jelly Sandwich, Fresh Fruits, Fresh Vegetables, And Milk

