

# Parent & Child Activity Calendar

Elementary School

East Stroudsburg Area School District  
Resica Elementary School



THE PARENT INSTITUTE®

## Parent & Child Activity Calendar

Elementary School  
**Parents**  
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>December 2011</b>				<b>1</b> Talk about how your family can do something for others this holiday season.	<b>2</b> Visit the library with your child. Check out a book about science.	<b>3</b> During the holidays, have your child talk to older relatives about their childhood days.
<b>4</b> Have a contest. Who can name the most parts of the body? (Organs count, too.)	<b>5</b> Look in the newspaper for a list of holiday events. Plan to attend one this month.	<b>6</b> Play Concentration with math flash cards. Problems with the same answer ( $9 \times 2$ , $15 + 3$ ) make a pair.	<b>7</b> Plan to spend some one-on-one time with your child this month. Write your "date" on your calendar.	<b>8</b> Put a leafy stalk of celery into colored water. Watch the color rise into the stalk over the next week.	<b>9</b> List animals your child loves. If your child could have any animal as a pet, which would it be? Why?	<b>10</b> Talk with your child about ways to handle stress. Exercising and talking are good options.
<b>11</b> Enjoy some outdoor physical activity as a family today.	<b>12</b> Teach your child to make paper snowflakes. Use some to decorate your windows.	<b>13</b> Have your child draw a picture of what he thinks describes and defines "December."	<b>14</b> Bake cookies with your child. If you're doubling a recipe, have your child do the math.	<b>15</b> What is the coldest place in the nation today? The warmest? What's the difference between the two temperatures?	<b>16</b> Plan a week of alphabet dinners—serve foods that start with the same letter. Choose a different letter each day.	<b>17</b> Plan an indoor "camp-out." Make a tent from a blanket. Eat s'mores and read scary stories.
<b>18</b> Dissolve some salt and water in a glass. Watch for a few days. Talk about what happens.	<b>19</b> Holidays have you feeling hassled? Share the responsibility. As kids help, they appreciate holidays even more.	<b>20</b> Give your child a measuring tape. Ask her to measure and record the dimensions of objects in your house.	<b>21</b> Tonight is the longest night of the year. Give everyone in the family a flashlight and read in bed tonight.	<b>22</b> Set aside time today to work on craft projects with your child. Perhaps he can give these as gifts.	<b>23</b> Decorate a shoebox to make a treasure chest. Fill it with small treats. Hide it and have a treasure hunt.	<b>24</b> Read a book that you and your child can both enjoy.
<b>25</b> Talk with your child about the very best present she ever received. What made it special?	<b>26</b> Talk to your child about the importance of writing thank you notes for gifts.	<b>27</b> Kids bored? Have them take turns as models, holding a pose while the other children draw or paint what they see.	<b>28</b> Save the seeds from a fruit you've eaten. Plant them in a paper cup on the windowsill. Water and see if they grow.	<b>29</b> Choose a number, then have your child list all the things he can think of that come in that number.	<b>30</b> Write and mail a letter to a friend.	<b>31</b> Help your child create a time line of the last year.