

Student Assistance Program (SAP)



What is the Student Assistance Program (SAP)?

The Commonwealth of Pennsylvania's *Student Assistance Program (SAP)* is designed to assist in identifying issues including alcohol, tobacco, other drugs, and mental health issues which pose a barrier to a student's success.

Student Assistance Program team members have all received specialized training from the Commonwealth of Pennsylvania. Our team has representatives from faculty, nursing staff, and administration. We meet once weekly.

The program's success depends on a strong working partnership with families. An ideal partnership between the family and student assistance includes:

- a shared goal of helping the student
- mutual respect
- appreciation of strengths, ideas, feelings, and culture
- open communication
- identification of student strengths
- joint problem-solving
- shared responsibility for follow-through

What Does the SAP Team Do?

Our Student Assistance Program utilizes an intervention system to help remove barriers to learning.

- Intervention and support services
- Identification of problems creating barriers to learning
- Specially trained team approach
- Parent involvement
- In-School professional resources
- Information about community resources

Barriers to Learning

Some of the barriers to learning students may experience include:

- the use of, or pressure to use, alcohol, tobacco, or other drugs
- depression or anxiety
- relationship problems
- emotional disorders
- aggression toward or from others
- grief, due to separation or death
- disruptive life changes
- violence or safety concerns

24-Hour Local Resource Numbers

- Carbon, Monroe and Pike County Crisis Center (New Perspectives): (570) 992-0879; TTY: (570) 420-1904. Residents in toll-call areas of the three counties may contact the crisis line free at 1-800-338-6467.
- National Suicide Prevention Lifeline: 1-800-273- TALK (8255)
- Carbon, Monroe, and Pike County Resource Line: 211
- Emergencies: 911

SAP Team Trained Personnel

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