

ALCOHOL POISONING

KNOW THE SIGNS

KNOW WHAT TO DO

If a person is conscious and vomiting

- Prevent choking
- Prevent drowning in toilet
- Stay with the victim
- Talk to the victim

Is passing out or unconscious

- Talk to the victim to try to keep the victim awake
- If the victim is lying down, roll victim on his/her left side to prevent choking or vomiting
- Call 911—report alcohol overdose

Is not breathing

- Call 911—report alcohol overdose
- Check pulse—perform rescue breathing (if trained)

Cannot be awakened
Has bluish lips, is cold,
clammy, and pale

- Call 911—report alcohol overdose
- Check pulse—perform rescue breathing (if trained)
- If no pulse—perform CPR (if trained)

★★★★ **ALWAYS STAY WITH THE PERSON** ★★★★★

KNOW THE FACTS

- A person with alcohol poisoning cannot sleep it off!
- Blood Alcohol Content (BAC) continues to rise even after a person stops drinking.
- It is illegal for anyone under 21 to purchase, consume, possess, or transport any alcohol, liquor, malt, or brewed beverages.
- It is illegal for anyone under 21 to lie about their age or to carry a false ID card to obtain alcohol.
- Unintentional injuries due to vehicle crashes, falls, burns, rape, drowning, gunshot wounds, and sexually transmitted diseases are the leading cause of death for people from age 1 to 34. One third of unintentional injuries are alcohol-related.

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Good Night

or

Good-Bye?